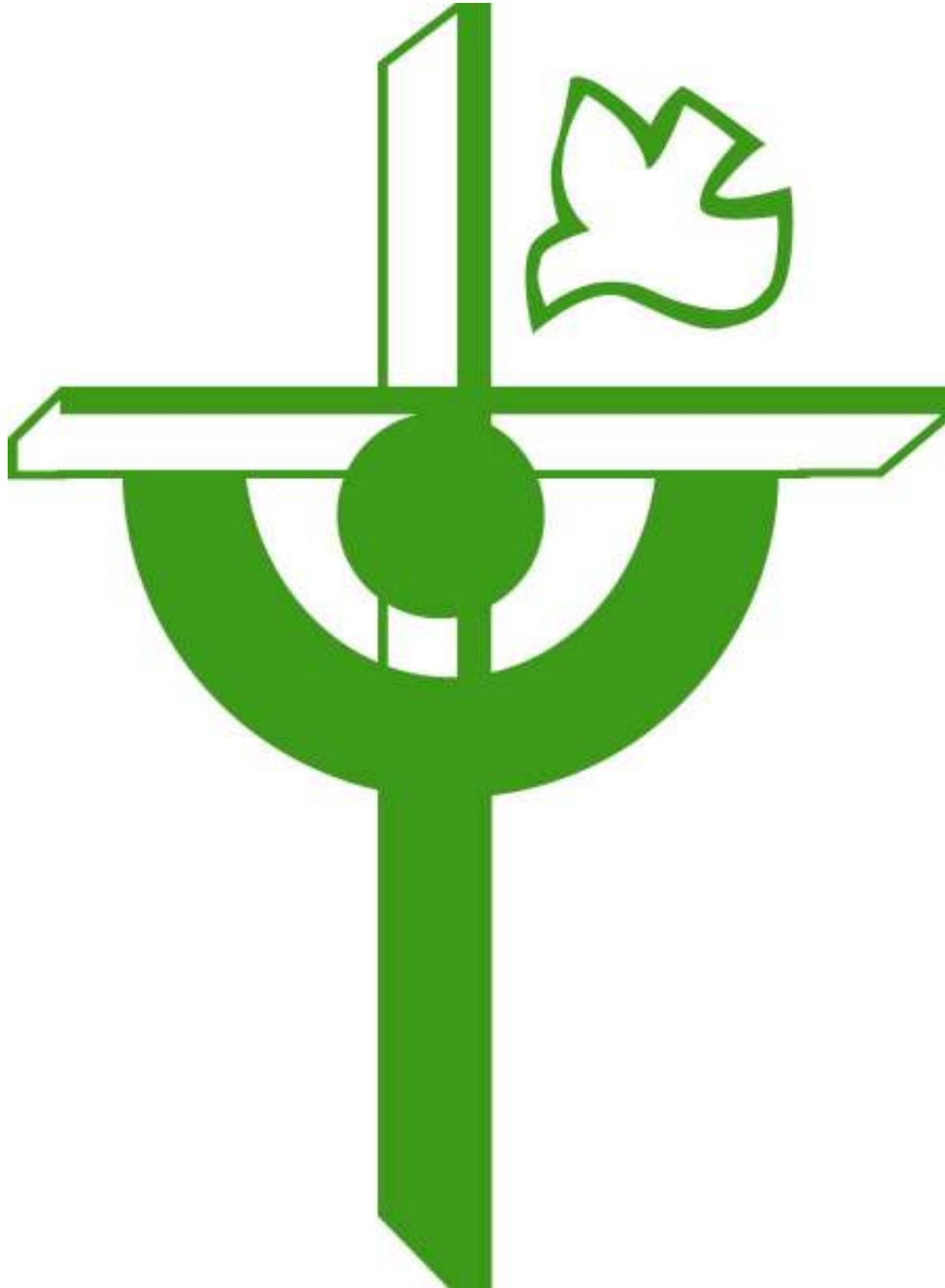




# CFC YOUTH FOR CHRIST

[General Information](#)



## CFC Youth for Christ

CFC Youth for Christ aims to provide a **Christian support environment** for young teenagers between 13 to 21 years of age.

CFC-Youth for Christ's goal is to help introduce Jesus in a new and exciting way into the lives of the youth today. It creates a positive environment where youth can meet other youth, help discover themselves and their talents, and most importantly discover God.

It puts a premium on four characteristics: it is **Fun** and exciting every week; it builds **Friendships** that last a lifetime; it enhances the **Faith** by truly knowing Jesus Christ personally; and it allows the young to express themselves in a **Free** but responsible way.

CFC Youth for Christ, being the young adults program of Couples for Christ, helps bring the family back into God's plan as it becomes the instrument for Christian renewal to other teenagers and young adults. The program of CFC Youth for Christ is recognized by The Holy See as part of the International Association of the Laity

We believe in CFC Youth for Christ that youth transformation through CHRIST is in three fold. Starting with the young adult as an individual, followed by peer group evangelization and renewal. Thirdly, in line with the vision of CFC, the renewal of peer groups will lead to the renewal of the Church. This pattern is analogous to the renewal pattern for CFC (individual, Couples and Church).



This goes to say, therefore, that members of CFC Youth and their parents are partners in mission , having the same goal in mind, although operating in different social contexts.

YFC is now established all over the World in cities and states. It is in the community parishes, as well as in various high schools and universities.

## VISION & MISSION

### **Vision:**

“To Know GOD and Make GOD Known

### **Mission:**

Responding to God’s call, to go and make disciples of all nations.

### **YFC's future is directed towards giving the youth a worthwhile cause to:**

- Empower The Youth to live for God in the world through his/her, Family, Community and Society
- Advocate the Gospel to lives of the youth and how it relates to their Personal Life, Community, Family and Social Life
- To foster the youth Personal and Spiritual Growth by providing pastoral formation, leadership training, resources, camps, and conferences for the education and formation of young people.

### **The Need of a Youth Ministry:**

There is an ongoing battle for the hearts and minds of young people today. We see the values of the youth being wrongly influenced by different elements in society (e.g. the promotion and toleration of abortion, premarital sex, rebellion to family and parents, corruption etc...). We realize that in order to counter these threats, there has to be a massive evangelization and re-evangelization of the youth today. Every young person today should know the joy of receiving the gift of salvation and of living a dynamic personal relationship with Jesus Christ. This however, is not easy because of the many distractions, pressures and diversions that are pulling young people away from the plan of God.

The traditional means of attracting young people to the Christian life no longer appears to be effective. *What is needed is a creative approach to the evangelization of young people that understands their nature, interests, needs and gifts.*”

Relying on the wisdom of this direction, YFC finds itself effective in the evangelization of the youth as it provides;

- *A point of conversion / re-conversion where a young person can grow as a man / woman of God and be encouraged to take responsibility and leadership as he/she leads others to God as well.*
- *A program that accepts the vibrancy, energy, dynamism and free spirit of the youth, and strives to re-channel this “youthful-spirit” (which often leads young people into rebelliousness) for use in the mission of building God’s kingdom in their homes, communities, parishes and campuses.*

## THE YFC APPROACH

The YFC approach is based on 4 principles we refer to as the “*4-Fs*” – ***FUN FRIENDSHIP FREEDOM and FAITH***. We have come to realize that no matter how precious the Christian message is, many young people reject it simply because of the way that it is presented and perceived -- outdated and boring. By simply making the Gospel fun and exciting we have seen thousands of young people come to know the joy and peace of knowing Jesus.

**The Fun.** It is the place where you will hear the Word of God proclaimed by other young adults like yourselves in an environment of fun and excitement, where they do not experience any form of pressure from adults.

**Friendship.** It is the place where you can form friendships with one another through sports, games and as they share ideas and experiences, and entertain one another in a wholesome environment where Christian values are talked about and are actively practiced.

**Freedom.** Nothing is ever imposed on us. This principle springs from the basic belief that Christianity can only be lived out if it begins with an individual’s personal decision to follow Christ.

**Faith.** Young people undergo a "conversion to Christ" experience, an experience healing and reconciliation with the immediate members of their family, especially their parents. The youth of today have a great knowledge of God but do not necessarily have faith in God. YFC intends to make “real “ the presence of Christ in the lives of young people.

It is the place where they will be stimulated and encouraged to develop their gifts and potentials for leadership as they are exposed to other young adults who are actively involved in serving them as speakers, facilitators, sports and games coordinators, and other services that are essential to the life of the Youth for Christ

## PHILOSOPHY

We in CFC Youth for Christ believe,

- That God is calling everyone to a personal relationship with Him through His Son Jesus Christ,
- That this call is not exclusive, but shared with all sectors of society, regardless of age, color, nationality, status and beliefs in life;
- That the youth have a very special place in God's heart, and that they in return have a very deep sense of love of God, and that a personal relationship with Jesus Christ is something that they desire,
- That the youth have a vibrant, energetic, dynamic and free-spirited nature rather than denying this nature and forcing the youth into a mold that satisfies our own perception of Christianity and holiness. We accept their nature, not curtailing it, but re-channeling it into an active expression of submission to and participation in the plan of God,
- That the youth who detached themselves from God have not done so just because of their own liking or plan, but also because of societal deficiencies in family life, education and government structures;
- That the youth are full of ideas and are blessed by the Lord with talents, that the youth are in need of friends and role models, and therefore should be given the opportunity to develop these skills and relationships in a healthy Christian environment;
- That the youth realize the need to make decisions in life; but they should also know that as they do so, God should always be an inseparable part of these decisions knowing also that they are future leaders of families and societies, we realize that their future depends on how they are molded today as God's children;
- That the youth are responsible as long as they are given the appropriate amount of guidance, trust and loving care,
- That the youth grow not only from what they receive, but more through with what they are able to share with others,
- That the youth are at the forefront of a spiritual battle and that the evil one knows just as much, that the deception by the evil one, intended to confuse, mislead, and even initiate the youth into his evil plans, comes in the form of day to day experiences in family life, school, society, relationships, values and practices, music, language and ideals;
- But we also believe that as the plan of God unfolds, there is nothing and no one that can separate us from His love in Christ Jesus (Romans 8:38-39). His love is our source of wisdom and His life becomes our model in helping build this present and future life for the youth.
- Our Philosophy is a statement of victory for Christ's youth. It is a declaration of active submission to the will of God - primarily believing that the true purpose in life is to serve God above all things.

# COVENANT

## **The covenant of a CFC Youth for Christ member:**

- I believe that I am special because I am a son/daughter of God.
  - I will spend time in prayer where I can grow in loving, honoring and serving God
  - I will learn and grow in living out these ideals and principles of my Lord Jesus
  - I believe that my body is the temple of the Holy Spirit. I will not dishonor the Lord through drunkenness, drugs or immorality
  - I will participate actively in the life of my Church
- I believe that my family is God's gift to me.
  - I will love, honor, and respect my parents' in spite of whatever state or circumstances they are in
  - I believe that my blood brothers and sisters are God's gift to me. I will strive to grow in unity, love, and understanding towards them
  - I will be a source of healing to whatever brokenness or hurt my family experiences
- I believe that it is my privilege to be studying in my school.
  - I will show my love and loyalty to the Lord and to my school by being a good student
  - I will take responsibility in my studies
  - I will respect school authorities
  - I will serve my classmates and build good relationships in school
- I believe that I belong to the bigger family of CFC Youth for Christ
  - I will relate in love and loyalty to the brothers and sisters from other schools, cities, provinces, and countries
  - I will serve the Lord in Youth for Christ in whatever way I can, whenever and wherever the Lord chooses to call me
  - I will follow the directions of my elders and leaders
- I believe that God has a special purpose in allowing me to be born and to live in this country
  - It is my privilege to love, honor and serve my country
  - It is my duty to obey and respect the laws and authorities that God has placed over me
  - It is my responsibility to preserve and protect the environment

OVERVIEW:

## **COUPLES FOR CHRIST**

Couples for Christ (CFC) is an International Association of the Catholic Faithful that has been granted official recognition by the Holy See. Its International Council governs CFC in accordance to its statutes as described in the official website of the Pontifical Council for the Laity.

CFC is a movement intended for the renewal and strengthening of Christian family life. The members have committed themselves to the Lord and to one another so that they may grow in maturity as men and women of God and fulfill their primary vocation of raising up families under the lordship of Jesus Christ and for the service of the Kingdom of God.

CFC is a work of Christ, which raises up Christian couples and establishes Christian families committed to the work of evangelization, winning the world for Christ and Total Human Liberation through the power of the Holy Spirit. It grows mainly through the establishment of localized units in different parishes.

### **Why such ministry?**

It is God's plan that the family be the basic unit of society. However, there are many forces in the world today that would, wittingly or unwittingly, destroy the very foundations of the family. CFC wants to rise in defense of the family, which is God's work. CFC wants to bring God's strength and light to those who are struggling to be truly Christian families in the modern world.

Through the years, CFC has blossomed into a worldwide ministry, becoming a major force for the renewal of Christian family life and of the church.

## **How do we work for Christian Family Renewal?**

1. Individual Renewal. Before one can consider the whole family, the husband and the wife first need to renew their commitment to God. CFC takes the basic message of Christianity and proclaims it anew so that those who hear it can make a renewed commitment to God in a way that will allow them to receive a fuller experience of the work of the Holy Spirit in their lives.
2. Family Renewal. As couples renew their commitment to God, they also renew their commitment to one another and to their Christian family life. Gradually, the new life that they find in the Lord filters down to all their family relationships.
3. Church Renewal. As individual families are renewed, they form a network of equally committed families that not only support one another but also strengthen the Church of which they are members.

## **CFC global vision and mission**

CFC GLOBAL VISION - FAMILIES IN THE HOLY SPIRIT RENEWING THE FACE OF THE EARTH □ Moved by the Holy Spirit, one with the Catholic Church, blessed to witness to Christ's love and service, Couples for Christ is a united global community of family evangelizers that sets the world on fire with the fullness of God's transforming love.

CFC GLOBAL MISSION - BUILDING THE CHURCH OF THE HOME AND THE CHURCH OF THE POOR □ We are Couples for Christ. We are committed to live in God's righteousness and holiness, evangelizing people through a life of love and service; we shall work for the renewal of families that will serve God and build generations of Christian leaders; and, we shall pursue Total Christian Liberation through social justice, respect for life, and work with the poor.

## **CFC global goals**

1. EVANGELISATION AND FORMATION To strategically locate in the world to evangelize peoples and inculcate a way of life based on Gospel values.
2. FAMILY RENEWAL To strengthen and defend the family as a basic unit of society and of the Church in accordance with God's plan.
3. TOTAL CHRISTIAN LIBERATION (Justice, Life, and Poor) □ To help the least of our brethren based on Matthew 25:40, "Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me."
4. EFFECTIVE / EFFICIENT GOVERNANCE To provide effective and efficient support services to fulfill the vision and mission of CFC.

## Family Ministries

### Family Life Renewal

An offspring of one's personal renewal and the deepening of relationships between spouses is the call to bring Christ to the other members of the family. The CFC Family Ministries is Couples for Christ's response to building the Church of the Home. The family ministries look to the spiritual dimension of our life in the Lord. It focuses on internal formation and is designed to help us grow in holiness of life.

CFC Kids for Christ, CFC Youth for Christ, CFC Singles for Christ, CFC Handmaids of the Lord and CFC Servants of the Lord provide a support environment for every member of the family. A person moves from one ministry to the next, as his state of life changes. Thus, the whole life of a person while on this world is covered.

**CFC Kids for Christ (KFC)** aims to provide a Christian support environment for children of CFC and non-CFC who are between the ages of 4-12 years old. Owing to the wide age range covered by the ministry, we have separate programmes for the Junior kids, those of ages 4-8 and Senior kids, those of 9-12.

Realizing that a programme for kids needs to be simply understood, exciting, and fun-filled, we have put a premium on four characteristics of the KFC Programme.

- It is fun – activities are enjoyable and stimulate the child's creativity, perception and sensitivity
- It is build upon friendship – activities encourage members to build strong friendships with one another. □
- It enhances faith – activities explain Christian faith elements in kids' language.
- It allows free but responsible expression – activities respect the kids for who and what they are and what they can be.

**CFC Singles for Christ (SFC)** aims to provide a Christian support environment for single men and women who are at the crossroads of their state of life, choosing between marriage, a religious vocation, or single blessedness.

SFC as a support environment:

- Teaches the individual the right values to build their future in; □
- Surrounds the individual with friends who are well meaning and have a positive influence; □
- Provides the individual with opportunities to meet potential partners in life who believe in the same Christian goals and values;
- Involves the individual in service that prepares them for the responsibility of marriage and family life; and □
- Helps those with a vocation for the priesthood or religious life to discern their calling.

Entry point to the CFC Singles for Christ is through a Christian Life Programme (CLP). Pastoral formation is given to the singles after the CLP through household meetings, assemblies, teachings and trainings, international conferences, discernment seminars, Singles Enrichment Retreat and many more teachings directed towards the maturing needs of young, single individuals.

**CFC Handmaids of the Lord (HOLD)** aims to provide a Christian support environment for single mature women, widows, separated or divorced, single parents, wives of overseas workers, and those whose husbands are incapacitated or in prison.

HOLD's formation programme teaches that: □

- the woman is a beautiful creation of God, chosen for greatness and designed for excellence; □
- while loneliness, rejection and fear in their lives are real, they have a God who loves them and cares for them through community; □
- to fully experience a life of joy and fulfillment, they need to heal, forgive and decide to be happy and productive; and □
- by serving other women whose circumstances are similar to theirs, they thank God and gain empowerment.

**CFC Servants of the Lord (SOLD)** aims to provide a Christian support environment for single mature men. It is a parallel ministry of the CFC HOLD but directed towards the mature men.

Entry point to the CFC Handmaids and Servants of the Lord programme is through a Christian Life Programme (CLP). Pastoral formation is given separately to both ministries after the CLP through household meetings, assemblies, teachings and trainings, international conferences, Enrichment Retreats and many more teachings directed towards the needs of matured men & women of Christ.