



Meeting Activities

Who's Your Neighbour?

Time: 40 minutes
Group size: 15-25
Materials needed: None

Instructions

1. Gather the participants in a circle.
2. Ask a student one of the following questions about the person seated to his or her right. The person must answer the question as he or she thinks his or her neighbour would answer it. (The point of this exercise is not to have the young person necessarily know the right answer, but to have fun guessing).
3. Once the person has responded, allow the neighbour to give the correct answer. (Encourage the person to explain in detail the correct answer.)
4. Go around the circle in this manner twice, asking different questions of each individual.

Questions

1. In what sport does he or she most enjoy participating?
2. What was the best vacation he or she ever had?
3. What is his or her favourite television show?
4. Given an afternoon totally unplanned, what would he or she do?
5. What musical instruments can he or she play?
6. Is he or she a "morning" person or an "evening" person?
7. What is his or her favourite summer activity?
8. What sort of items does he or she collect?
9. If he or she could visit any spot in the world, where would he or she go?
10. Who is his favourite teacher? Why?
11. What does he or she live about himself or herself?
12. Of what is he or she proud? Why?
13. If he or she had a millionollars, what would he or she does with it?
14. What is something that really bores him or her?
15. What gives him or her the most satisfaction?
16. If he or she could be anybody (past or present), who would he or she be?
17. What is something that he or she is looking forward to doing in the next six months?
18. What present would he or she like to receive?
19. What does his or her dad do for a living? Mum?
20. Of what is he or she afraid?

Favourites

Time: 30 minutes
Group Size: Any number
Materials needed: Ball

Instructions

Instead of asking the teenagers to form a circle, have them choose their favourite shape and ask them to sit in that configuration, eg they might choose a diamond, square, rectangle, or octagon. The only requirement is that kids must sit facing one another so they can see one another's faces. Give someone in the formation a ball. Ask that person a question from the discussion questions below, then have that person bounce or toss the ball to someone else. Have that person answer the next question. Continue until each person in the formation has answered at least one question. Give kids time to explain their answers, but keep the activity moving so there's little "dead air" time.

Questions

- What's your favourite TV show? Why?
- Who's your favourite teacher now? Why?
- Who was one of your favourite teachers in elementary school? Why?
- What's your favourite fast-food restaurant? Why?
- What's one of your favourite memories from last year? Why?
- What's your favourite movie of all time? Why?
- What's your favourite thing to do on the weekend? Why?
- What's your favourite breakfast cereal? Why?
- What's your favourite sport to play? Why?
- What's your favourite sport to watch? Why?
- What was your favourite toy as a kid? Why?
- Who's your favourite relative other than your parents? Why?
- What's your favourite subject in school? Why?
- Who's your favourite hero from history? Why?
- What's your favourite Bible story? Why? (Note: If your group doesn't know the bible well, make sure you direct this question to someone in the group who can handle it)
- Who's your favourite musical group? Why?
- What's your favourite song? Why?
- What's your favourite city? Why?

Telephone Book Relay

Time: 20-30 minutes
Group size: Any
Materials needed: Telephone books, chairs, paper pieces

Instructions

This is a race of skill and quickness. To begin this activity, split the young people into three even-numbered groups. Have each group form a line. Six metres ahead of each group is a chair with a telephone book placed upon it. When the leader signals the game to begin, each person is given a person or business to find in the telephone book. Each person races to his or her telephone book and seeks the information the leader requested. When it is found, the player races back and utters his or her finding to the leader. If correct, the player goes to the end of the line and person two continues the process. A player giving incorrect information must return to the phone book and find what was asked for. The first team to complete one rotation wins.

Flying Balloon Relay

Time: 30 minutes
Group size: Any
Materials Needed: A balloon for every person, colour-coded with a different colour for each team

Instructions

Designate a start and finish line, at least 9 metres apart. Designate a colour for each team, and give each team member the corresponding colour balloon. Teams line up behind the start line. The object is to “fly” the balloons across the finish line. The first person blows up his/her balloon **but does not tie it**. He/she then points it toward the finish line and lets go – wherever the balloon lands, he/she must run and below it up again and fly it toward the finish line. Each person continues blowing, releasing and retrieving their balloon until it crosses the line. Once the balloon crosses the finish line, the person runs back and tags the next team member who proceeds in a similar manner. Teams are finished when all members have successfully flown their balloons across the finish line.

Source of these activities: YouthWorks.