

## 10. COMING HOME page 46-52

**Session Outcome:** Pilgrims reflect on the WYD11 experience and develop practical ways to share this with others and truly integrate the call of their faith into their daily lives.

### SONG: THE SUMMONS

John Bell

Will you come and follow me if I but call your name?  
Will you go where you don't know and never be the same?  
Will you let my love be shown, Will you let my name be known,  
Will you let my life be grown in you and you in me?

Will you leave yourself behind if I but call your name?  
Will you care for cruel and kind and never be the same?  
Will you risk the hostile stare should your life attract or scare?  
Will you let me answer prayer in you and you in me?

Will you let the blinded see if I but call your name?  
Will you set the prisoners free and never be the same?  
Will you kiss the leper clean and do such as this unseen  
And admit to what I mean in you and you in me?

Will you love the 'you' you hide if I but call your name?  
Will you quell the fear inside and never be the same?  
Will you use the faith you've found to reshape the world around,  
Through my sight and touch and sound in you and you in me?

Lord, your summons echoes true when you but call my name.  
Let me turn and follow you and never be the same.  
In your company I'll go where your love and footsteps show.  
Thus I'll move and live and grow in you and you in me.

### PRAYER: Psalm 14

Psalms for the Road - Joy Cowley

#### Mountains and Plains

Jesus prayed alone on the mountain,  
a place where he could be at one  
with his Father. Then afterwards,  
he took the power of that prayer  
down to the plains where people  
waited for his healing touch.

We have been there in the crowd.

We've called out our need  
and have felt our lives come together  
in his hands. Then afterwards,  
he has asked us about our prayer.  
"Where is your mountain?" he says.  
"Tell me, where are your plains?"

### SCRIPTURE: [Matthew 17:1-13](#)

**The Transfiguration of Christ** - We all have peak experiences, times of new discoveries, deeper understanding. These times are very powerful and often scary too. Like the disciples, the challenge is to bring that knowledge back down the mountain.

## GROUP ACTIVITY:

**INPUT FOR DISCUSSION:** There are three key stages to pilgrimage. The first is a time of letting go, so that you may be able to be open to the second stage of deeper awareness and union with God. As you return the third stage is about integrating this experience into your life. Coming home from WYD can be difficult. We can relate to the reluctance of the disciples to return from the mountain top in the story of the Transfiguration. We want to maintain the energy, passion and intensity of the experience however; we cannot live our entire lives in the peak experience place. Returning home is an important part of pilgrimage. We are called to bring back to the world a renewed vision and a refreshed spirit.

**ACTIVITY:** Spend some time reflecting on your WYD11 pilgrimage experience. Take the time to write two letters; one to yourself and one to your Bishop and/or Church community. Use the following questions to guide your reflection and writing:

- What experiences allowed you to be truly present to yourself?

What new insights did you discover about yourself?

What experiences allowed you to be truly present to God?

What new insights did you discover about God?

What experiences allowed you to be truly present to others?

What new insights did you discover about others?

What new insights did you discover about belonging to the Catholic faith community?

Who were the inspiring people that shared wisdom along the way?

What difficulties/obstacles/hurt did you overcome or let go of?

What helped you to step out and encounter all the new and unfamiliar experiences?

What sustained you on your journey?

What are you most grateful for?

What are three key insights you want to 'live' as your journey continues?

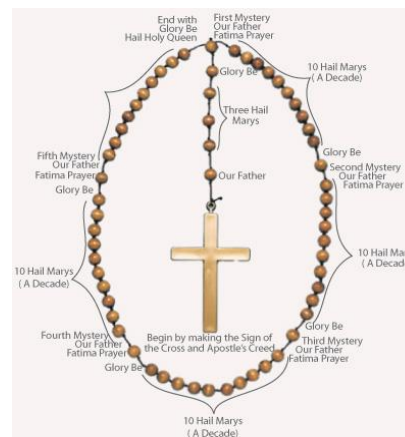
What are three key insights that you want to share with others.

## TOOL FOR THE JOURNEY: Rosary

The word rosary comes from Latin and means a garland of roses, the rose being one of the flowers used to symbolise Mary, the Mother of God. The rosary is prayed in devotion to and honour of Mary. First we must understand that the prayers are meditations. When we recite the twelve prayers that form a decade of the rosary, we meditate on the mystery associated with that decade. If we merely recite the prayers, whether vocally or silently, we can miss out on the essence of the rosary. It isn't simply a recitation of prayers but a meditation on the grace of God.

The purpose of the Rosary is to help keep in memory certain principal events or mysteries in the history of our faith and to thank and praise God for them. There are twenty mysteries reflected upon in the Rosary, and these are divided into the five joyful mysteries, the five luminous mysteries, the five sorrowful mysteries and the five glorious mysteries.

The Rosary is a combination of vocal prayer and mental prayer. Vocal prayer is the repetition of the Hail Mary and other prayers contained in the Rosary. This repetition helps to focus the mind and centre the body in prayer. Mental prayer is the meditation on the mysteries and the intention for which you are praying each decade.



## The Joyful Mysteries



First Joyful Mystery  
The Annunciation of Gabriel to Mary  
Luke 1:26



Second Joyful Mystery  
The Visitation of Mary to Elizabeth  
Luke 1:39



Third Joyful Mystery  
The Birth of Jesus  
Luke 2:1



Fourth Joyful Mystery  
The Presentation of Jesus in the Temple  
Luke 2:22



Fifth Joyful Mystery  
Finding Jesus in the Temple  
Luke 2:41

## The Sorrowful Mysteries



First Sorrowful Mystery  
Agony of Jesus in the Garden  
Matthew 26:36



Second Sorrowful Mystery  
Jesus is Scourged at the Pillar  
Matthew 27:26



Third Sorrowful Mystery  
Jesus is Crowned With Thorns  
Matthew 27:27



Fourth Sorrowful Mystery  
Jesus Carries His Cross  
Matthew 27:32



Fifth Sorrowful Mystery  
The Crucifixion of Jesus  
Matthew 27:33

## The Glorious Mysteries



First Glorious Mystery  
The Resurrection of Jesus  
John 20:1



Second Glorious Mystery  
The Ascension of Jesus  
Luke 24:36



Third Glorious Mystery  
The Descent of the Holy Spirit at Pentecost  
Acts 2:1



Fourth Glorious Mystery  
The Assumption of Mary into Heaven  
Divine Son.  
Revelations 12



Fifth Glorious Mystery  
The Coronation of Mary as Queen of  
Heaven and Earth  
c.f Revelations 12:1

## The Luminous Mysteries



First Luminous Mystery  
The Baptism of Jesus in the River Jordan  
Matthew 3:17



The Second Luminous Mystery  
The Wedding at Cana, Christ Manifested  
John 2:11



The Third Luminous Mystery  
the Proclamation of the Kingdom of God  
Mark 1:15



The Fourth Luminous Mystery  
The Transfiguration of Jesus  
Matthew 17:2



The Fifth Luminous Mystery  
The Last Supper, the Holy Eucharist  
Matthew 26:26

## TOOL FOR THE JOURNEY: Rosary

You might like to say the prayers of the Rosary in different languages

### **Hail Mary - English**

Hail Mary,  
Full of Grace,  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary,  
Mother of God,  
pray for us sinners now,  
and at the hour of death.  
Amen.

### **Hail Mary - French**

Ave Maria, gratia plena;  
Dominus tecum;  
benedicta tu in mulieribus,  
et benedictus frustus  
ventris tui, Jesus.  
Sancta Maria, Mater Dei,  
ora pro nobis peccatoribus nunc et in hora  
nostrae.  
Amen.

### **The Lord's Prayer - English**

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against  
us,  
and lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever.  
Amen.

### **The Lord's Prayer - Maori**

E to matou Matua i te rangi.  
Kia whakatapua tou ingoa,  
tukua mai tou rangatiratanga.  
Kia rite tou hiahia i te whenua.  
Kia pera ano me tou i te rangi.  
Homai ki a matou aiane i to matou taro e  
tenei ra, whakakahoretia o matou hara me  
matou hoki e whakakahore  
ana i nga hara o te hunga e hara ana ki a  
matou,  
aua matou e tukua kia whakawaia engari  
whakaorangia matou i te kino.  
Amene.

### **Glory Be - English**

Glory be to the Father and to the Son and  
to the Holy Spirit, as it was in the  
beginning, is now and ever shall be, world  
without end.  
Amen.

### **Glory Be - Syrian**

Shouha tababa, W-brona, W-ruha  
dqudsha,  
min'alam w'adamma L-'alam, Amen.

### **Fatima Prayer - English**

O my Jesus, forgive us our sins, save us  
from the fires of hell, and lead all souls to  
Heaven, especially those in most need of  
Thy mercy.

### **Fatima Prayer - Portuguese**

Ó meu bom Jesus perdoai e livrai-nos do  
fogo do inferno, levai as almas todas para o  
céu e socorrei as que mais precisarem de  
vossa infinita misericórdia.

## TOOL FOR THE JOURNEY: Rosary

You might like to say the prayers of the Rosary in different languages

### **Apostle's Creed - English**

I believe in God the Almighty, Maker of heaven and earth. I believe in Jesus Christ, God's only begotten Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate; was crucified, died and buried. He descended into hell. On the third day he rose again and ascended into heaven, and sits at the right hand of God the Almighty. From thence he shall come to judge the living and the dead. I believe in the Holy Spirit. I believe in the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and the life everlasting. Amen.

### **Apostle's Creed - Latin**

Credo in Deum Patrem omnipotentem, Creatorem caeli et terrae, et in Iesum Christum, Filium Eius unicum, Dominum nostrum, qui conceptus est de Spiritu Sancto, natus ex Maria Virgine, passus sub Pontio Pilato, crucifixus, mortuus, et sepultus, descendit ad inferos, tertia die resurrexit a mortuis, ascendit ad caelos, sedet ad dexteram Patris omnipotentis, inde venturus est iudicare vivos et mortuos. Credo in Spiritum Sanctum, sanctam Ecclesiam catholicam, sanctorum communionem, remissionem peccatorum, carnis resurrectionem, vitam aeternam.  
Amen.

### **Hail Holy Queen – English**

Hail! Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, your eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement! O loving! O sweet Virgin Mary! Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

### **Hail Holy Queen – Latin**

Salve, Regina, Mater misericordiae,  
vita, dulcedo, et spes nostra, salve.  
ad te clamamus  
exsules filii Evae,  
ad te suspiramus, gementes et flentes  
in hac lacrimarum valle.  
Eia, ergo, advocata nostra, illos tuos  
misericordes oculos ad nos converte;  
et Iesum, benedictum fructum ventris tui,  
nobis post hoc exsilium ostende.  
O clemens, O pia, O dulcis Virgo Maria.