

OUR DEEPEST FEAR

Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful
beyond measure.

It is our light, not our darkness,
that most frightens us.

We ask ourselves, "Who am I to be brilliant,
gorgeous, talented and fabulous?"

Actually, who are you not to be?

You are a child of God.

Your playing small doesn't serve the world.
There's nothing enlightened about shrinking
so that other people won't feel
insecure around you.

We were born to make manifest the
Glory of God that is within us.

It's not just in some of us; it's in everyone.

And as we let our own Light shine,
We unconsciously give other people
permission to do the same.

As we are liberated from our own fear,
our presence automatically liberates others.

By Nelson Mandela (Inauguration Speech)